

MOLLYMOOK BEACH COMBINED PROBUS CLUB Inc

PO Box 365, ULLADULLA 2539



No. 02/25

28th February 2025

President – Margo Lester – 0449155687

Secretary – Heather Austin - 0408777178

Treasurer– Chris Graham 4454 3025

Welfare – Pam Dallimore - 0493857496

Speakers – Margaret Osmond - 0408824636/ Helen McFarland - 0406079429

Activities –Annette Cliffe - 44571944/0432260328

Major Activity – Jeff Peterson - 0401707373

Probus email: mbcprobus@gmail.com

Vice President – Margaret Osmond – 0408824636

Assistant Secretary –

Assistant Treasurer –

Membership – Allan Dean 0428748177

Barbara Fletcher - 0458445404

Hospitality – Debbie Phillips - 0411430005

Newsletter – Debbie Phillips – debphill54@yahoo.com

WEBSITE: <https://mollymookbeachcombinedprobus.org>

VICE PRESIDENT'S REPORT

Our President, Margo, is still undergoing treatment and will be missing again this month. We all wish Margo well and hope to see her back with us soon. So, it is over to me!!!

A reminder that our AGM is coming up next month and although we have nominations for the majority of positions, there are still a couple which need filling. In particular, another member for our Activities' team, and the Speakers' position, so please think about putting your name forward – you have until the meeting on Friday to put pen to paper. If you need to find out more about what is required, the committee members are more than happy to speak to you and assure you it is not hard. I would personally like to thank Allan Dean for the fantastic job he is doing with our website – we are very lucky to have such a great computer whiz amongst us. Leaves me way behind!!!

Plans are now beginning to get underway for our 25th Anniversary celebrations – Rae Parker has been busy sourcing a venue and she will give a brief outline during the meeting on Friday.

Please keep supporting the many available Club outings and activities when you can, it is the best way to get to know your fellow members and perhaps make new best friends. There are many options to choose from, with information available on the notice board each month for you to peruse. We have a few members who need our prayers and love at the moment, so please remember them in

your thoughts. Some prefer to keep their details private, which we certainly respect, so keep them in your thoughts in any way you choose. Looking forward to seeing you all on Friday.

Margaret Osmond – Vice President

FRIDAY'S LUNCH

I have booked the Bistro upstairs at the Mollymook Beach Golf Club for lunch on Friday after our meeting. As usual, if you would like to come along, please write your name down on the clip board as it is being passed around during the meeting prior to our morning tea break.

See you on Friday,

Cheers

Rae



Our Club meets on the 4th Friday of each month, **not** the last Friday.
Meetings commence at 9.30am sharp.

Next meeting – MARCH – Friday 28th

TREASURERS REPORT

Treasurers Report for the month of January

At the end of January, our bank statement showed we had a balance of \$5,455.00; this accorded with our internal records. There has been no outgoing activity in February, but some deposits [to be paid by 2 March] for the Q train excursion have been received. Our account currently stands at \$9,455.00.

Our financial year finishes on 28 February. Members are asked to pay [preferably by EFT] their 25/26 dues of \$50.00 as soon as possible after that date.

Please note: Members wishing to pay monies by Direct Deposit may do so to the Club's bank account, **Mollymook Beach Combined Probus Club** at the IMB bank, **BSB No: 641-800, A/C No: 200168421**.

Please remember to provide your name, the Activity you are paying for or Annual subscription, so that we are able to correctly allocate the deposit.

Chris

SPEAKERS REPORT

It was lovely to hear from the Milton Show Woman of the Year last month, Peta Shea.

This month, our ten-minute speaker is member Christina Hollott. Christina stepped in when the original speaker was unable to attend this month's meeting – thanks Christina. Her subject will be “from typewriter to computer”.

Guest Speaker will be Mr. Geoff Smith, who spent 45 years working with the Maritime Services Board. He will talk about the history of the Sydney Harbour Trust, the responsibilities of the Port Authority and its broad range of operations. Geoff will be happy to answer any questions afterwards.

As our AGM will be conducted at the March meeting, we won't have time for a 10-minute speaker, but there will be a Guest Speaker. Brigitte Nairn is going to speak about the festivals and traditions of Switzerland, the country of her birth.

Helen and I have organised speakers for the next few months, so whoever takes on the Speakers role in our next Probus year, they will have the work done already.

Margaret/Helen

WELFARE REPORT

Pattie Ryan is now back home and well again.

A reminder that I can be contacted at anytime on my mobile if you have news of any of our members being unwell.

Pam

HOSPITALITY REPORT

Morning Tea helpers for this month are – Marilyn and Peter Lane. Thank you both for your assistance.

Please remember to bring your own coffee/tea mug from home. This will reduce the amount of waste that goes into landfill. Make sure all your rubbish is put in the bins provided.

Debbie

ACTIVITIES REPORT

Greetings Everyone,

Hars Museum Tarmac Day – 14th March

This is an update for our members who are going to this Activity. Our Tour is booked for 10.30am and the good news is, that because it is Seniors' week, we only pay \$15 instead of \$25!

You pay at the entrance when you arrive and tell them that you are with the Mollymook Probus Club. There are 14 in our group.

For Lunch the Cafe is having a \$15pp lunch box, which contains sandwiches, cake, chocolate, fruit, juice and water. Also included is urn style Tea and Coffee. The Ladies will take orders at the table for upgraded beverages at an extra cost. The catering Ladies would like just one payment for lunch, so please bring \$15 in cash to give to me. If you forget I will lend it to you. I am arranging lifts for people that need one and will let you know either on Friday or by email what our groups will be. Because each group will be organised, you can drive straight to the museum.

Ladies Morning Tea will be Tuesday 4th March.

The venue is the Heritage Bakery on the corner of Croobyer Road and the Highway. For all our new Ladies, morning tea is always at 10am and you need to put your name on the list at the Activities Table or contact me by phone. Please note that this is a cash free venue (card only).

The combined trip with Ulladulla Probus is on from the 16th to the 25th March. I have bought a personal hand-held battery-operated fan and a mini flyswat, ask and I will tell you where I bought them. Further information will be given by Jim Roose.

I have been trying to find new places to go and new Activities while still keeping our favourites.

On the 12th of February we had Brunch at the Red Bus Cafe at Tomerong. Eleven people attended and nine had not been there before. Despite being concerned about the rain on the way there, we had the opposite situation when we arrived, with sunny hot weather and members looking for their hats. Members commented that it was a very pleasant place to gather and eat and talk.

FORWARD DIARY DATES

April has the school holidays and also Easter and we do not have a Probus meeting, so I am doing two activities, one at the beginning of the month and one at the end.

Monday 7th April, Members High Tea at Foxys Cafe at noon for \$25ph.

Please put your name on the list, with payment at the Cafe.

Tuesday 29th BBQ tentative at Conjola Van Park and probably about \$10 for lunch. Names on the list also please.

There will not be a Ladies morning tea this month.

May the 12th E.O.I for Kennedys trip to the Dandenongs. Not an official Probus trip, but may interest people who are not free in July for the QTrain trip.

The Entertainers are back with our own singing sensation Barbara Fletcher in the cast. We are still awaiting information about seating arrangements and food options, but if you would like to be part of the group on **Thursday night 12th of June**, I have a sign-up sheet at the desk. The price of tickets for the performance only is \$45. Details later about payment.

"Christmas in July" at the Robertson Hotel on either Saturday 5th or Sunday 6th for \$75pp. Signup sheet available with date preference. This will be a car-pooling activity. Payment details later.

Very Important Note.

If you want to be involved in our club's activities, I kindly request that you put my mobile number in your phone. For any Activity, you need to be able contact me if you are **not** coming and your name is on the list. If you have not put your name down

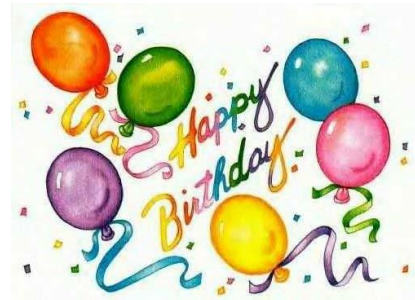
and now find that you can attend, once again contact me.

Also, people do get lost, so you need to be able to contact me for directions.

I have some post it notes at the desk for anyone who needs one.

That's it for this month, let us go and have some Fun, Friendship and Fellowship.

Annette & Barbara



BIRTHDAYS FOR FEBRUARY

2nd – Iris Crooks

5th – Jeff Peterson

13th – Michael Hollott

14th – Pattie Ryan

16th – Margaret Osmond

16th – Olga O'Donovan

19th – Pam Dallimore

27th – Narelle Eagles



ANNIVERSARIES FOR FEBRUARY

2nd – Jenny & Andrew Tory

4th – Jann & Allan Dean

7th – Sharyn & Bill Lampard

10th – Dell & Brian Thompson

14th – Margaret & Jeff Osmond

19th – Kaye & Bill Barber

NEW GRANDPARENTS / GREAT GRANDPARENTS

Share the joy and let us know of any new grandchildren or great grandchildren that have been welcomed into the world.

BOOK EXCHANGE

Don't forget the book swap table, which can be found at the front of the church hall.

Importantly, please make sure your name is pencilled inside the cover of each book, and, if at the end of the meeting YOUR book is still on the table, make sure you take it back. Any books left behind will be donated to the Lion's Book Shop or similar.

MEN'S LUNCH GROUP

Following our usual practice the monthly men's lunch will be held on the Friday preceding each of our general meetings, i.e. the third Friday of the month (except December).

Meeting time is 12.00 noon.

For the foreseeable future the venue will be Carlo's restaurant in Wason St, Ulladulla.

This arrangement will be reviewed after six months.

Also, as usual I will email the group to ascertain numbers before finalising our details with Carlo's. Our next gathering will be on Friday 21st March.

Jeff Peterson

PHOTOS FROM LAST MONTH –

New member – Narelle Eagles

Member speaker – John Hayes gave us a fabulous talk about his hobby, making Miniature Houses



Guest Speaker – Peta Shea
(Milton Show Woman of the Year)



February Men's Lunch

Red Bus Brunch



EXERCISE CLASS for PROBUS MEMBERS

Hello everyone,

My name is Monica Lawrence.

I was lean, fit, and strong until 1999. Unfortunately, during 1999 and 2000, I experienced a couple of accidents that resulted in long hospital stays and time spent in a wheelchair.

During my recovery, I came across the book "NEVER TELL ME NEVER" by Janine Shepherd, which inspired me and fuelled my determination to regain my strength.

As part of my healing journey, I qualified and worked as a Personal Trainer at Fernwood in Canberra for two years.

I would like to start an exercise and fitness group for Probus members.

I understand that mobility can sometimes be a challenge for all of us, so we will begin with small steps to improve or at least maintain our current abilities.

Depending on the interest from members, I will organize participants into two groups:

1. Fit & Able
2. Slow / Beginner

The location and timing of the classes will be arranged in collaboration with the interested members.

If you're interested in discovering the joy of movement, please come and see me, and we can take it from there.

Kind regards,
Monica Lawrence